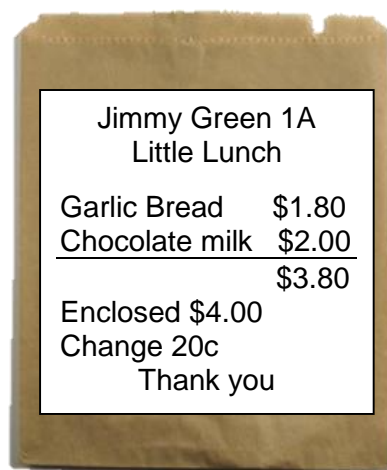


How to Order

Please use a standard size brown paper bag. Clearly mark your child's name and year level on the top of the bag. Whether it is Little or Big Lunch. Under this write your order and the price. If possible, please assist us by providing the correct change or alternately mark on the bag the amount enclosed and the change required. If change is required, this will be taped to the outside of your child's lunch bag. Please place orders in plastic containers on the counter marked "Big Lunch". "Little Lunch" or "combined Big Lunch & Little Lunch. (example below)



Please do not use staples or sticky tape to seal lunch bags.

Lunches are not prepared unless ordered.

All orders must be in by 9.00am.

Rochedale State School



TUCKSHOP PRICE LIST 2017

Tuckshop is open

Monday to Friday

8.00am – 1.45pm

Phone: 3340 8333

All orders must be in by 9.00am.

The Rochedale State School Tuckshop complies with QLD Government
Smart Choices Strategy.

Cold Food

<u>Sandwiches/Rolls (white, wholemeal, multigrain & gluten free bread)</u>	
❖ Lite Cheese Single	\$2.00
❖ Lite Cheese Single & Tomato	\$2.30
❖ Chicken	\$3.00
❖ Chicken & Salad	\$4.00
❖ Egg	\$2.50
❖ Egg & Lettuce	\$2.80
❖ Lite Ham	\$2.50
❖ Lite Ham & Salad	\$4.00
❖ Salad	\$3.50
❖ Tuna	\$3.00
❖ Tuna & Salad	\$4.00
❖ Vegemite/Jam or Honey	\$2.00
Extra Salad/Cheese available on request 30c each	

<u>Lavish (wraps)</u>	
❖ Salad (Lettuce, Carrot, Cheese & Tom.)	\$3.50
❖ Ham & Salad	\$4.00
❖ Chicken & Salad	\$4.50
❖ Chilli tender & Salad	\$4.50
❖ Tuna & Salad	\$4.50

<u>Salad Box (fork)</u>	
❖ Salad only	\$2.50
❖ Ham & Salad with fruit & bread.	\$5.00
❖ Chicken & Salad with fruit & bread	\$5.00
❖ Tuna & Salad with fruit & bread	\$5.00
❖ Egg & Salad with Fruit & bread	\$5.00

<u>Bakery</u>	
❖ Mini Cheese & Vegemite scroll	\$1.80
❖ Apple Strudel Muffin	\$1.50
❖ Iced Coffee Roll (finger bun)	\$1.50
❖ Garlic Bread	\$1.80

	<u>Rice Cake</u>	<u>Sao</u>
❖ Cheese	\$1.00	\$0.60
❖ Cheese & tomato	\$1.20	\$0.70
❖ Vegemite or jam	\$0.70	\$0.50

Hot Food

❖ Chicken nuggets (limit 4)	50c each
❖ Chicken Fillet burger (lettuce & mayo)	\$4.00
❖ Chilli Tender Sub (lettuce, carrot & tom)	\$4.00
❖ Corn on Cob	\$1.00
❖ Hot Chicken & lettuce Roll with mayo	\$3.50
❖ Macaroni & Cheese (splade inc)	\$4.00
❖ Lasagna (splade inc)	\$4.00
❖ Lite Mini Pie (limit 2)	\$1.00
❖ Noodles in a cup (beef or Chicken)	\$2.00
❖ Fried Rice (splade inc) *Gluten Free	\$4.00
❖ Scrambled eggs & bread, sauce	\$3.50.
❖ Vegie Burger (lettuce, tom, carrot & beet)	\$4.00
❖ Pizza Meal Deal	\$4.50
(Ham & Pineapple, lite milk, fresh Fruit)	

<u>Toasted Sandwiches</u>	
❖ Baked Beans or Spaghetti	\$2.50
❖ Cheese	\$2.50
❖ Cheese & Tomato	\$2.80
❖ Chicken	\$3.00
❖ Chicken & Cheese	\$3.50
❖ Chicken, Cheese & Pineapple or Tomato	\$3.80
❖ Lite Ham	\$2.80
❖ Lite Ham & cheese	\$3.00
❖ Ham, Cheese & Pineapple or Tomato	\$3.50
❖ Raisin Toast (2 slices)	\$3.00

<u>Extras and Miscellaneous</u>	
❖ Slice of Bread	\$0.25
❖ Bread Roll	\$0.70
❖ Boiled Egg	\$0.50
❖ Sauce available upon request	no charge
(Tomato, BBQ, Sweet Chilli, Mayo)	
❖ Tuckshop order bags	\$0.10
❖ Bathing caps Lycra	\$6.80
❖ Tomato Sauce Sachet	\$0.50
(Gluten Free – Chicken & Ham)	

Drinks

❖ Sports Cap Bottled Water	\$2.00
❖ Carbonated fruit juice	\$2.00
❖ Focus	\$2.00
❖ Milk –	
Chocolate	\$2.00
Strawberry	\$2.00
Banana	\$2.00
Iced Coffee	\$2.00
Plain	\$1.20
❖ Sipahh with Plain Milk	\$2.00
❖ Sanitarium Up and Go	\$2.00
❖ Liddel's Lactose Free Milk	\$2.00
❖ Sanitarium So Good Soy Milk	\$2.00
❖ Nudie All Natural Fruit Juice	\$2.00
❖ Poppers Assorted Juices	\$1.50

<u>Desserts</u>	
❖ Custard	\$1.20
❖ Frozen Yoghurt (Strawberry/Mango)	\$2.00

<u>Snacks</u>	
❖ Tub of Chopped Seasonal Fruit	\$3.00
❖ Cheese Stick	\$0.80
❖ Fresh Fruit (seasonal)	\$1.00
❖ Fruit Skewers	\$0.50
❖ Apple Slinky	\$1.00
❖ Own Apple Slinkied	\$0.10
❖ frozen orange wedge	\$0.10
❖ Assorted Goulbourn Valley fruit tubs	\$1.80

<u>Big Lunch Only</u>	
❖ Chips – Assorted flavours from	\$1.00
❖ Ice Creams – Assorted flavours from	\$0.50
(Not available through bags)	

Tuckshop Hours Phone: 3340 8313
 Monday to Friday 8:00am – 1.45pm
 Norma's Mob: 0400 701 051